



Rocena Kidney Foundation
Walk-A-Thon
April 1 to April 27th, 2024

First Name

Last Name:

Dear Potential Sponsor,

As an advocate for kidney disease awareness and care, I am excited to participate in this event to raise funds for administering kidney disease awareness programs.

The Rocena Kidney Foundation Walk-A-Thon aims to collectively walk the distance from the Caribbean (Jamaica) to our Mother Land (Ghana), approximately 8,285 kilometers. This symbolic journey not only represents a physical challenge but also symbolizes our commitment to promoting kidney health and raising awareness in our African, Caribbean, and Black communities.

Every dollar raised through sponsorship will contribute directly to kidney care initiatives, including education, screening, and support services. By supporting our Walk-A-Thon, you will join us in making a tangible difference in the lives of those affected by kidney disease.

We welcome sponsorship in any amount, and your generosity will be greatly appreciated. Your contribution will help us advance our mission of improving kidney health and reducing the burden of kidney disease in our communities.

Thank you for considering this request. Together, we can make strides towards a healthier future for all.

Name of Sponsor		Pledge per KM	Total Pledge	Amount Collected from Sponsor	Phone/address/E-mail
1					
2					
3					
4					

	Name of Sponsor	Pledge per KM	Total Pledge	Amount Collected from Sponsor	Phone/address/ E-mail
5					
6					
7					
8					
9					
10					

For Participant
Concept:

- Our goal is to collectively walk the distance from Caribbean (Jamaica) to our Mother Land (Ghana) approx. 8,285 kms Virtual measurable physical activity (walk, run, bike);
- Four (4) weeks duration (April 1st to April 27th, 2024);
- Create a team or as an individual;
- Solicit pledges from sponsors to cover your personal goal or pay a \$25.00 registration fee without collecting pledges although we encourage participation to grow efforts.
- Pledges of \$25.00 or more will be eligible for a tax receipt.

Requirements:

- Register to participate by sending an email to: RocenaFoundation@gmail.com or by private message on our Facebook page or phone 613-327-3406
- You have 4 weeks to collect pledges.
- Event ends on 27th April at 11:00 am at Carleton University, 1125 Colonel By, Dunton Tower- Room 509
- Prizes for: most funds raised, most sponsors, and longest distance covered.
- Join our **Rocena Kidney Foundation Walkathon** Facebook page and share pictures of your journey along your favourite walking trails, ravines and parks.